



Urban District Council of  
Budleigh Salterton

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ANNUAL REPORT  
OF THE  
MEDICAL OFFICER OF HEALTH  
FOR THE YEAR  
1964



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BUDLEIGH SALTERTON URBAN DISTRICT COUNCIL.

Council Offices,  
Budleigh Salterton.

July 1965.

Mr. Chairman, Madam and Gentlemen,

I have much pleasure in presenting to you my Annual Report for the year ending 31st December, 1964.

A study of the statistics section shows that the number of births fell from 43 in 1963 to 35 in 1964, this latter representing a standardised Live Birth Rate of 16.7 which is a little below that for England and Wales (18.4).

The number of deaths also declined last year falling from 93 in 1963 to 69 in 1964. The standardised Death Rate of 8.8 is lower than the rate for England and Wales.

The Infant Mortality rate of 57.0, although appearing high compared with the national figure, actually is represented by two infants who suffered from congenital malformations and died within the first week of life.

1964 is noteworthy for the low incidence of infectious diseases and in fact only 3 cases occurred, 1 scarlet fever and 2 pneumonia.


In general it may be said that the environmental health of the District has been most satisfactory.

In conclusion I would again like to thank all members of the Council and the Staff for their continued interest and co-operation which they have extended to me during the year.

I have the honour to be  
Your Obedient Servant,

L. G. ANDERSON

Medical Officer of Health.



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S T A F F.

MEDICAL OFFICER OF HEALTH:

L. G. Anderson, M.D., Ch.B., D.P.H.

PUBLIC HEALTH INSPECTOR, SURVEYOR  
AND WATER ENGINEER.

Mr. P. M. Walsh, L.F.S., C.R.S.H.

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1. STATISTICS OF THE AREA.

Area (in acres)	1,018
Resident Population (mid-year 1964)	
(as estimated by the Registrar General)	3,810
Rateable Value (1st April 1964)	£222,488
Product of a penny rate (1st April 1964)	897
Number of inhabited houses	1,456

2. VITAL STATISTICS.(a) Live Births

	Males	Females	Total
Legitimate	15	17	32
Illegitimate	1	2	3
Total	16	19	35

Live birth rate per 1,000 estimated resident population.	9.3
Standardised birth rate per 1,000 estimated resident population.	16.7
Live birth rate per 1,000 civilian population England and Wales.	18.4

(b) Still Births

	Males	Females	Total
Legitimate	-	-	-
Illegitimate	-	-	-
Total	--	-	-

Still birth rate per 1,000 live and still births.	Nil
Still birth rate per 1,000 live and still births England and Wales.	16.3

(c) Deaths.

<u>Males</u>	<u>Females</u>	<u>Total</u>
27	42	69

Corrected death rate per 1,000 estimated resident population.	18.1
Standardised death rate per 1,000 estimated resident population.	8.8
Death rate per 1,000 civilian population England and Wales.	11.3
Death from maternal causes.	Nil.



(d) Infant Mortality. (deaths of infants under 1 year of age).

	Males	Females	Total.
Legitimate	-	2	2
Illegitimate	-	-	-
Total	-	2	2

Infant mortality rate per 1,000 live births 57.0  
 Infant mortality rate per 1,000 live births England & Wales 20.0

3. LIVE BIRTH RATE.

During 1964, 16 males and 19 females, total 35 babies were born, which is 8 less than last year.

The following table shows the live birth rate during the last 10 years :-

	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964
Budleigh Salterton	8.5	9.6	9.9	9.7	9.2	9.5	10.5	10.7	11.6	9.3
Standardised	11.7	12.4	13.6	13.2	12.6	13.0	14.4	14.7	21.2	16.7
England & Wales	15.0	15.7	16.1	16.4	16.5	17.1	17.4	18.0	18.2	18.4

4. ILLEGITIMATE BIRTH RATE.

Of the 35 infants born during 1964, 3 were illegitimate. The illegitimate birth rate for the last 10 years is as follows :-

1955	1956	1957	1958	1959	1960	1961	1962	1963	1964
30.2	108.1	105.2	108.1	17.4	81.1	54.0	100.0	93.0	85.3

5. STILL BIRTHS.

There were no still births during the year.



6. DEATHS(a) Causes of death

The following table shows the causes of death (data supplied by the Registrar General).

	Males	Females	Total
Cancer			
Malignant Neoplasm, Stomach	-	3	3
Malignant Neoplasm, Lungs & Bronchus	2	-	2
Other Malignant & Lymphatic Neoplasms	-	8	8
Vascular Lesions of the nervous system	3	7	10
Coronary disease, angina	9	6	15
Hypertension with heart disease (high bloodpressure)	-	1	1
Other Heart Diseases	1	6	7
Other circulatory diseases	2	3	5
Influenza	-	1	1
Pneumonia	-	2	2
Bronchitis	2	-	2
Gastric, enteritis and diarrhoea	1	-	1
Hyperplasia of prostate	1	-	1
Congenital malformations	-	-	-
Other defined and illdefined diseases	5	5	10
All other accidents	1	-	1
Suicide	-	-	-
TOTAL	27	42	69



Of the whole population residing in the urban district 69 died. (27 males and 42 females). This represents a corrected death rate of 18.1 but which when allowance for age and sex distribution has been made represents a "standardised" death rate of 8.8. This rate is lower than that of England and Wales as a whole (11.3).

The following table shows the "corrected" and "standardised" death rates for Budleigh Salterton Urban District for the last 10 years:-

	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964
Corrected	19.1	18.1	21.1	19.6	17.7	20.8	18.2	17.7	18.9	18.1
Standard- ised	9.7	9.9	11.6	10.8	10.8	11.4	10.1	9.7	9.2	8.8
England & Wales	11.7	11.7	11.5	11.7	11.6	11.5	12.0	11.9	12.2	11.3

As in preceeding years the most prevalent causes of death were diseases of the heart; 27 cases (39%). Cancer caused 13 deaths (18.8%), and vascular lesions of the central nervous system (Cerebral Haemorrhage thrombosis etc.,) caused 10 deaths (14.4%).

There was only one death due to misadventure recorded this year :-

Male age 15 Asphyxia - due to drowning.

(b) Age at death.

	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964
Males	73.1	67.5	73.2	75.2	73.7	71.7	69.0	75.1	<del>62.6</del> 71.0	<del>64.5</del> 67.0
Females	77.9	74.4	72.9	76.6	78.4	76.2	77.8	76.6	75.1	75.4
England M	67.6	67.5	67.8	67.7	67.8	68.0	68.1	68.1	68.0	-
& Wales F	73.1	72.9	73.3	73.3	73.6	73.7	73.9	74.0	73.9	-





The following table shows the incidence of death at various age groups (from returns supplied by the local Registrar of Births and Deaths).

	Males	Females	Total	Percentage
under 1 year	-	2	2	3.0
1 and under 5	-	-	-	-
5+	-	-	-	-
15+	1	-	1	1.1
25+	1	-	1	1.1
35+	-	-	-	-
45+	1	1	2	3.0
55+	5	2	7	10.0
65+	9	14	23	33.3
75 and over	10	23	33	47.1

#### 7. INFANT MORTALITY.

The infant mortality rate represents the number of deaths of infants under one year of age per 1,000 live births registered.

Budleigh Salterton	57.0
England and Wales	20.0

#### 8. CANCER.

During 1964, 13 cases of deaths from Cancer were recorded. The various parts of the body affected are shown below :-

	Males	Females	Total
Stomach	-	-	-
Lungs & Bronchus	2	-	2
Breast	-	2	2
Uterus	-	1	1
Other Lymphatic and Malignant Neoplasms	-	8	8
Total	2	11	13



The incidence of deaths from Cancer during the last 10 years is as follows :-

	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964
Males	8	6	6	7	10	5	6	4	8	2
Females	9	7	8	5	9	5	8	6	4	11
Total	17	13	14	12	19	10	14	10	12	13
Rate per 1,000 Resident Population	4.4	3.4	3.6	3.1	5.0	2.6	3.8	1.5	3.7	3.4

## 9. INFECTIOUS DISEASES.

### (a) Measles.

There were no cases of measles in 1964 as compared with 24 last year.

### (b) Diphtheria.

I am pleased to report that for the 18th consecutive year there has been no case of Diphtheria in the district.

The table below shows the incidence of the various notifiable infectious diseases for the year 1964 :-

	Number of cases notified	Deaths
Measles	-	-
Whooping Cough	-	-
Scarlet Fever	1	-
Pneumonia	2	-
Total	3	-

The following table shows the incidence of notifiable infectious diseases grouped according to age :-

	Under 1 year.	1+	5+	10+	15+	25+	35+	45+	55+	65+	Total
Pneumonia	-	-	-	-	-	-	-	-	1	1	2
Scarlet Fever	-	-	1	-	-	-	-	-	-	-	1
All Causes	-	-	1	-	-	-	-	-	1	1	3



Below is tabulated the incidence (numbers notified) of various infectious diseases during the last 10 years :-

	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964
Measles	5	95	5	49	17	42	31	63	23	-
Whooping Cough	11	42	14	7	4	10	3	1	7	-
Scarlet Fever	1	1	11	3	2	-	1	-	4	1
Pneumonia	24	10	3	4	-	8	6	9	5	2
Erysipelas	2	-	3	-	-	-	-	-	-	-
Sonne Dysentery	-	-	-	-	-	-	-	1	-	-

#### 10. TUBERCULOSIS.

During 1964 no new cases of Tuberculosis were notified.

#### 11. NATIONAL HEALTH SERVICE ACT.

The Health Services provided by the local health Authority (Devon County Council) under Part II and III of the Act as applicable to your district are briefly set out below.

##### PART II.

##### a. Hospital Facilities.

##### i. General.

The urban district is well served by the Budleigh Salterton Cottage Hospital Tel. No. 20., where there is accommodation for :-

Males	8 beds	General	2 beds
Females	8 beds	Amenity	1 bed.
Private	2 beds		

In addition to the above use is made of :-

1. Royal Devon & Exeter Hospital, Southernhay East, Exeter Tel 72261. 305 beds.
2. Princess Elizabeth Orthopaedic Hospital, Buckerell Bore, Exeter Tel. 54217. 116 beds,
3. West of England Eye Infirmary, Magdalen Street, Exeter Tel. 73183. 62 beds including 2 private and 2 isolation beds.
4. Cottage Hospital, Exmouth, Claremont Grove, Tel. 4381. 45 beds.

##### ii Maternity.

1. Redhills Hospital, St. Thomas Exeter 10 beds.
2. Mowbray House, Exeter, 24 beds.
3. Exeter City Hospital - 265 beds altogether which includes 41 maternity beds and 15 cots for premature babies.



### iii Isolation.

Cases of infectious diseases are admitted to Exeter City Isolation Hospital, Whipton, ('phone Exeter 67158) as in previous years.

I would like to record my sincere appreciation for the ready help and co-operation given at all times by Dr. Boyd, the Resident Physician, and the Staff of the hospital.

### iv Smallpox.

As the Smallpox Hospital at Upton Pyne has closed any cases of Smallpox are now sent to the hospital at Liskeard.

Should your Medical Officer of Health require the services of a consultant, arrangements have been made to call upon :-

1. East Devon. Dr. E.J.G. Wallace, Health Centre,  
Westham Road, WEYMOUTH, Dorset.  
Tel. No. 1645 and 16.  
Home No. 1513.
2. Cornwall & Devon to the River Exe.  
Dr. W.H. St. John-Brooke, West Cornwall  
Hospital.  
PENZANCE, Cornwall.  
Tel. No. 2382.  
Home No. Cockwells 356.

### b. LABORATORY FACILITIES.

Bacteriological and Serological examinations are carried out at the Public Health Laboratory, Exeter - their address being, Bradninch Place, Gandy Street, Exeter. (Tel. No. 54959) under the direction of Dr. B. Moore, whose ready co-operation and help I wish to acknowledge.

### c. VENEREAL DISEASE.

Under the present scheme free advice and treatment is available to all persons at the following centre.-

The Royal Devon & Exeter Hospital, Exeter.

Males - Monday. 7 - 8 p.m. Friday 2 - 3 p.m.

Females - Monday. 6 - 7 p.m. Friday 3 - 4 p.m.

### d. AMBULANCE FACILITIES.

Three ambulances are maintained at the Ambulance Station, Bestin Hall, Elm Grove, Exmouth (Tel. 2857). As from the 5th July, 1948, the local authority became responsible for the ambulances services in the area, and at their request, Exmouth division of the St. John's Ambulance Brigade agreed to act as their agents and continue the service commenced in 1936. In the district served the ambulances have carried 3,491 patients and have attended 130 street accidents and 17 home accidents. The Total mileage covered was 38,984 miles.





PART IIIa. CARE OF MOTHERS AND YOUNG CHILDREN.

A Health Visitor is assigned to this district : Mrs. T.M.Barry, 1, Rock Mansions, Budleigh Salterton, (Tel. No. 625) Dr. N.E.R.Archer of Budleigh Salterton is the Medical Officer who attends the Infant Welfare Centre.

The centres are held at the Church Institute, Budleigh Salterton on the first and third Wednesday in each month from 2.30 p.m. to 4.0 p.m.

During 1964 the following attendances were made :-

No. of sessions held	Total attendances by infants.	Total attendances by children.
24	343	213

b. MATERNITY

There is one District Nurse, Midwife in this district, Nurse Powlesland, Burnside, Halse Hill Lane, Budleigh Salterton (Tel. No. 274) Nurse Luxenburg of "The Bungalow", Colaton Raleigh Tel No. Colaton Raleigh 245, acts as relief in the absence of Nurse Powlesland.

c. CARE OF PREMATURE INFANTS.

When necessary, arrangements can be made for the admission of a premature baby and its mother to the nearest maternity unit, in this case the Exeter City Hospital, where there are 15 cots for premature babies.



12. WATER SUPPLY.

The water undertaking was transferred to the East Devon Water Board on the 1st October, 1964 and the figures given are, therefore, related to the period from 1st January to 30th September, 1964.

a) The total quantity of water pumped up to the 30 September, 1964 was 53,572,000.

b) All domestic properties are connected to the main water supply and during the year 28 new properties were connected to the supply.

c) Up to the 30th September, 119 samples of raw and chlorinated water were taken both from the source and various points throughout the district for bacteriological analysis and 117 of these were in Class I, which was highly satisfactory.

13. RODENT CONTROL.

During the year 121 properties were treated subsequent to complaint or survey under the Act. 86 of these properties were found to be infested and treated accordingly. All Council properties are regularly inspected and treated, as required.

14. DRAINAGE AND SEWERAGE.

During the year 37 new properties were connected to the main sewer and the installations tested as required.

Sewage for disposal is discharged into the sea between one hour after high water and one hour before low water, the sewer outfall valve being operated electrically and no problems or difficulties were experienced throughout the year.

15. HOUSE REFUSE.

House refuse is collected once weekly from all premises within the area and additional collections are made from certain trade premises, for which a special charge is made.

Refuse is disposed of at the controlled tip at South Farm Road, and this has been well maintained throughout the year, it being fortunate that adequate covering material was available from various sources.

16. HOUSING.

During the year 24 new houses have been erected by private enterprise within the district. 3 Council houses constructed for sale to private persons were completed during this year and the remaining 27 houses at Shortwood Close were in an advanced stage of construction at the end of the year.

In addition, 10 Council houses were completed and the Council now own a total of 256 houses. A total of 303 defects were dealt with direct labour during the year.



17. FOOD.

i) The number and type of food premises in the urban district are as follows :-

Bakehouses	3
Butchers	5
Restaurants, Cafes etc.	10
Confectioners	5
Dairies	4
Greengrocers, etc.	4
Grocers	9
Hotels & Guest Houses	13
Delicatessen	1
Wholesale stores	2
Fishmongers	2
Wholesale fish stores	2
	<hr/>
	60
	<hr/>

ii) The number of Food Premises registered under Section 16 of the Food and Drugs Acts are :-

Ice Cream	14
Manufactured Foods	4

iii) During the year visits were made to food premises and any necessary advice given.

iv) Condemned food is disposed of by burial at the Council's Refuse Tip.

v) Miscellaneous quantities of food condemned during the year are as follows :-

557 lbs. tinned meat
24 tins fish
105 tins vegetable
801 tins fruit and fruit juices
63 tins miscellaneous products
118 kilo puree and pulp

vi) Ice Cream (Heat Treatment etc.) Regulations, 1947 - 52.

There are no premises within the urban district used for the manufacture of Ice Cream.

vii) Food Hygiene Regulations 1955 - 56.

Visits were made to premises coming under the provisions of the above Regulations and any necessary action or advice was given.



18. FACTORIES ACT, 1937

1. Inspections for purposes of provisions as to health (including inspections made by Public Health Inspectors).

Premises	Number of			
	Number on Register	Inspections	Written Notices	Occupiers Prosecuted
1. Factories in which Sections 1,2,3,4 & 6 are to be enforced by Local Authorities	1	1	-	-
2. Factories not included in (1) in which Section 7 is enforced by the Local Authority	10	10	-	-
3. Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises).	-	-	-	-
TOTAL	11	11	-	-

2. Cases on which Defects were found.

	Number of cases in which defects were found				Number of cases in which prosecutions were instituted
	Found	Remedied	Referred		
			To H.M. Inspector	By H.M. Inspector	
Want of cleanliness	-	-	-	-	-
Overcrowding	-	-	-	-	-
Unreasonable temperature	-	-	-	-	-
Inadequate ventilation	-	-	-	-	-
Ineffective drainage of floor	-	-	-	-	-
Sanitary conveniences					
(a) Insufficient	-	-	-	-	-
(b) Unsuitable or defective	1	1	-	-	-
(c) not separate for sexes	-	-	-	-	-
Other offences against the Act (Not including offences relating to Outwork)	-	-	-	-	-
TOTAL	1	1	-	-	-

3. OUTWORK. (Sections 110 and 111)

No outworkers were employed in the District during the year.







